

THIS STUDY NO LONGER RECRUITING

Name of Study: Children's Activity and Meal Patterns Study (CHAMPS)

Location: E.K. Shriver Center, University of Massachusetts Medical School, Waltham, MA

Eligibility Criteria: Healthy children with autism spectrum disorders (ASDs), as well as typically developing children, ages 3 through 11 years

Principal Investigator: Linda Bandini, PhD

Contact Information: Melissa Maslin, MEd, Research Associate – phone: (781) 642-0292; email: ShriverHealth@umassmed.edu

Dear Parent,

I am writing to inform you of the opportunity to participate the **Children's Activity and Meal Patterns Study (CHAMPS)**, a research study on eating and physical activity patterns in children with Autism Spectrum Disorders (ASDs) at the Eunice Kennedy Shriver Center/UMass Medical School in Waltham, MA. The study is funded by the National Institute of Child Health and Human Development (NICHD).

The goal of CHAMPS is to examine the eating and activity patterns in children with ASDs ages 3-11 and to compare them with those of typically-developing children. Information gained will provide an understanding of the eating and physical activity patterns of children with ASDs, which will have direct implications for health promotion and the development of future interventions and programming.

Participation in CHAMPS involves 1-2 visits to the Shriver Center, each lasting approximately 2-2½ hours. Parents complete interviews and questionnaires about their child's developmental and medical history, physical activity, eating patterns, and sensory sensitivity. Children with ASDs also undergo developmental testing. After the visit, children's physical activity is measured over 7 days, and parents are asked to complete a 3-day food diary on their child's food intake.

Scheduling for CHAMPS is very flexible. We offer appointments on weekdays, both during regular business hours and early evenings, on weekends, and on some holidays. Parents and children are compensated for their participation in the study.

If you wish to learn more about CHAMPS, please contact Melissa Maslin at the Shriver Center at (781) 642-0292 or via email at ShriverHealth@umassmed.edu.

We hope you will find our study to be of interest and that you will consider participating. Thank you.

Sincerely yours,

Linda Bandini, PhD
Principal Investigator, CHAMPS Study
Associate Professor of Pediatrics
E. K. Shriver Center
University of Massachusetts Medical School

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