

THIS STUDY NO LONGER RECRUITING

Name of Study: Stanford University Double-blind study of N-Acetyl Cysteine in Autism

Location: Autism and Developmental Disability Clinic at Lucile Packard Children's Hospital of Stanford University, Stanford, CA USA

Eligibility Criteria: Children with Autism Spectrum Disorder ages 3 to 12 years.

Principal Investigator: Antonio Hardan, M.D.

Contact Information: Lovina Chahal, M.D., Research Coordinator; phone: (650) 736-1235.

Dear IAN Research participant,

I am writing this letter to offer you or your child an opportunity to participate in the Stanford University Double-blind study of N-Acetyl Cysteine in Autism. The study examines the safety and efficacy of N-Acetyl Cysteine, an enzyme that increases levels of an antioxidant called glutathione. We are looking to see if supplementation with N-Acetyl Cysteine will improve behavioral difficulties or other core deficits in autism such as social deficits.

The study takes place over 12 weeks with 3 visits once the child starts taking the study drug, (5 visits in total). The visits before the study begins and after the study is completed will require a blood draw and a urine sample (2 visits in total). In each visit the child's medical and psychiatric progress will be reviewed through history taking and psychiatric questionnaires. There is no monetary compensation for participating in this study.

We are currently recruiting children diagnosed with Autism Spectrum Disorder ages 3 to 12 years.

If you are interested in participating or would like to learn more, please contact Lovina Chahal, M.D., research coordinator, at (650) 736-1235.

Thank you in advance for your time and assistance. We look forward to hearing from you.

Sincerely,

Antonio Hardan, M.D.
Director, Autism and Developmental Disabilities Clinic
Child and Adolescent Psychiatry
Lucile Packard Children's Hospital
Stanford University School of Medicine

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