

Name of Study: Nutritional Intervention in Children with Autism Using Whey Protein
Institution: Nova Southeastern University
Location: Fort Lauderdale, Florida
Eligibility Criteria: Children with Autism Spectrum Disorders ages 3-5 years; English and Spanish speaking families are welcome to participate
Principal Investigator: Dr. Ana Maria Castejon
Contact Information: Irina Rozenfeld, RN, BSN, CCRP; phone: 954-262-1022; email: autismstudy@nova.edu

Dear Parent,

I am writing this letter to offer your child an opportunity to participate in a research study at Mailman Segal Center at Nova Southeastern University. The study is exploring whether nutritional supplementation with cysteine-rich whey protein may affect areas of autistic behavior and be helpful for children with autism spectrum disorders.

The study takes place over approximately four months. The study will evaluate overall developmental status, receptive and expressive communication skills, social interactions, and severity of autism using standardized tests. Also, two blood samples will be needed throughout the study to measure antioxidant capacity.

For their participation, families will receive one \$ 25 Wal-Mart gift card during the course of the study and another one at the end.

If you are interested in participating, please contact Irina Rozenfeld, our research coordinator, at 954-262-1022 or autismstudy@nova.edu

Thank you in advance for your time and assistance. We look forward to working with you in the near future.

Sincerely,

Ana Maria Castejon, Ph.D.
Associate Professor
College of Pharmacy
Nova Southeastern University

IAN Reference ID SR00413